

Richard TMD Physiotherapist & Sunrise Dental Clinic

Sunrise Dental Clinic are pleased to arrange physiotherapy referrals for patients experiencing TMD. Richard Worrall is an experienced Sports and Musculoskeletal physiotherapist who also specialises in treating patients with TMD.

Richard is based at Edinburgh Sports + Spinal Physiotherapy in Comely Bank. He is a member of the Association of Chartered Physiotherapists in Temporomandibular Disorder ([ACPTMD](#)) and provides specialist techniques to help reduce TMJ pain and restore function, which include:

- Massage
- Acupuncture
- Joint Manipulation / Mobilisation
- Exercise

Our vision is for Richard to work closely with our TMD Dentist, Dr Ziad Al-Ani to ensure a holistic approach for our patient's and to ensure they receive the best evidence based treatment.

Please be aware that the regular physiotherapy fees (60 mins initial consultation for £75 and 30mins follow-up appointments for £49) charged separately by Edinburgh Sports + Spinal Physiotherapy and they are NOT part of our regular fees. However, Sunrise Dental Clinic patients will receive a 10% discount on their treatment with Richard at Edinburgh Sports + Spinal Physiotherapy.

For further information please contact:
Edinburgh Sports + Spinal Physiotherapy
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Richard Worrall